

Easter Weekend Football

Arsenal v Liverpool
Leicester v West Ham
Chelsea v Stoke
Burnley v Tottenham
Millwall v Charlton (Fri)
Port Vale v Colchester (Fri)
Leyton Orient v Gillingham (Mon)

Shrewbury v Dag & Red (Fri)
Southend v Mansfield (Fri)
Dag & Red v Wimbledon (Mon)
Hartlepool v Southend (Mon)

SQUASH

Alice seals title

BILLERICAY'S Alice Green stormed to her second English National squash title on Sunday adding the Under-15 crown to the U-13 prize she bagged a year ago.

Alice from Billericay, powered through five rounds of action at the championships in Birmingham before lifting the title in front of a sell-out crowd.

"Alice was incredibly focused throughout the tournament as was by far the strongest player there," said her coach Paul Selby, who was in Alice's corner during the entire event.

After a testing 3-1 semi-final win over Karina Tyma, Alice, who is not 14 until next month, faced Northumberland's Laura Neill in the final.

Alice's power-game dipped slightly although she still had enough in hand to roll out a 3-0 victory.

National champion, Alice Green



BASKETBALL

CHAMPIONS



LEOPARDS became National Basketball League champions for the second time in four years on Sunday as they defeated Team Northumbria 84-72, on Sunday.

In front of a sold-out Brentwood Centre crowd, Robert Youngblood's team beat the only side who could deny them the title to spark jubilant scenes on the court at the end of the game.

"It's an amazing achievement" said general manager Dave Ryan.

"A year ago we sat everyone down in a room and discussed whether we could continue this club. "But everyone's

stepped up, and winning the league again is an amazing achievement.

"We had fans lugging chairs around to pack more fans into the Brentwood

Centre, and that was just a snap-shot of the amount of work that's gone into winning this.

"When we won the treble in 2012 we did it by bringing in two of the best Americans

this league has seen for a long time, but this season we did it with a real team effort and I think that showed on Sunday.

"We couldn't have won this without the

help of Brentwood Leisure Trust or the support of our fans.

"It's fitting, and brilliant, that we won it at the Brentwood Centre."

Captain Albert

Margai led from the front in a game that Big Cats led for all but 90 seconds with 22 points, six assists and five rebounds while American forward Byron Richards had his best game of the season with a 22 point, ten rebound double-double.

Brentwood-boy Will Ashby shrugged off foul trouble to finish with 15 points, four assists and three rebounds, while Dave Ajumobi added six boards to his nine points.

The side wrap up their league campaign in Manchester on Saturday before hosting a home play-off quarter-final at the Brentwood Centre on Sunday, April 12.



Players, coaches and fans celebrate as Leopards become champions again

WALKING FOOTBALL

Enjoying the beautiful game again, slowly

A NEW sport is giving a new lease of life to football players who have reached a stage in life where they find the rigour of the conventional game a physical challenge, but still want to be involved in a game they still have a passion for.

Walking Football, is a slowed-down version of the beautiful game and ever since a Barclays TV advert hit the screens last year, the sport has grown and there already around 225 clubs registered across the country, with more springing up every week.

Locally, Chelmsford Walking Football Club was formed in September 2012 and recently has joined forces with the town's football team to become Chelmsford City Walking Football Club.

The club meets for sessions at the Chelmsford Sports & Athletics Centre at Melbourne Park, Salerno Way, every Tuesday and Thursday at 11am for sessions, either inside the sports centre or when the weather is warmer the multi-use games area at Melbourne Park.

It is aimed at the over 50's but there is no age limit as to who can play and it is a great way to

exercise, improve skills, meet like-minded footballer and slap on some White Horse Oil to bring those memories of past days!

The rules are very similar to the standard game, with six a side, running is not allowed on or off the ball and free kicks are awarded for any infringement. Tackling has to be of a 'gentle' nature with no sliding or behind tackles allowed.

The first tournament they entered was held in Surrey and they competed with teams from Wimbledon, Epsom and Croydon.

This was followed by their own competition in September 2014 held at Chelmsford Sport & Athletics Centre.

They entered two teams of six-a-side and came second out of six teams and would have won if their B-team had not beaten the A-team!

They next played a tournament at Shooters Football Club in North Weald in aid of Children In Need. They entered three teams and helped to raise over £300 for the charity.

Chelmsford Walking Football has grown in numbers and currently has a squad of 35 players and they regularly get 22 or so at their weekly sessions.

Organiser Bob Willis, from Broomfield, said: "After playing in my early days for Autel and Old Chelmsfordians I wanted to back to playing, and Walking Football has been the ideal way.

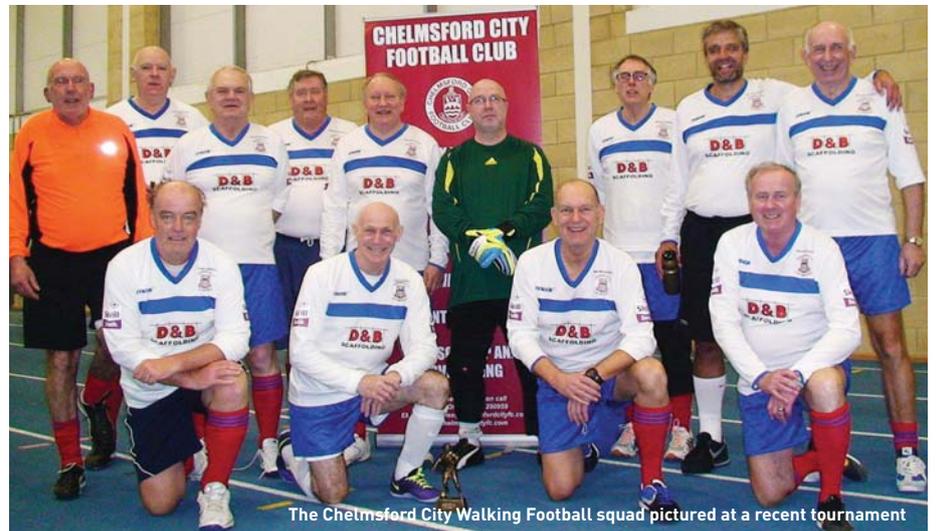
"It is a great way for us seniors to keep fit and have fun as well.

"It gets competitive, but if you have played football at any level, that goes with the game."

"Some of our members have pacemakers fitted and undergone operations but still wanted to exercise and this is perfect, gentle way for them to achieve it."

"All of them have got the green light from their doctors and approve of this way of exercising."

To find out more, contact Bob Willis or Terry Buck on info@chelmsfordwalkingfootball.co.uk or log onto website chelmsfordwalkingfootball.co.uk



The Chelmsford City Walking Football squad pictured at a recent tournament